




## LPG Sports Academy - Winter 2025 Schedule Brentwood Location

**Tuesdays January 7 - February 25      8 Weeks of Classes**

**Price: \$149 / 8 weeks early bird rate through November 25 , \$169 after 20% off 2nd sibling or program**

**Indoor Arena at Crockett Park - 1485 Volunteer Way, Brentwood, TN, 37027**

<b>Lil Sluggers Baseball</b>	Tuesday	 Behind Holy Family Catholic Church
3&4 year olds - beginner	5pm	
<b>Baseball Scrimmage Class - Ages 5 to 7. Description below.</b>	5pm	
<i>Half skills instruction, half informal game play. Experience required - one baseball class or one team season.</i>		
<b>Multisport -Soccer, Baseball, Flag Football, Floor Hockey</b>	Tuesday	
3&4 year olds	4pm	
4&5 year olds	5pm	
<b>KickStart Soccer</b>	Tuesday	
3&4 year olds - beginner	4pm	
<b>Soccer Scrimmage Class - Ages 5 to 7. Description below.</b>	4pm	
<i>Half skills instruction, half informal game play. Experience required - one soccer class or one team season.</i>		

**Session Dates for Indoor Arena at Crockett Park - Tuesdays January 7 - February 25**

***We will be back to our outdoor location in Spring Hill (Longview Rec Center) in Spring 2025***

### **LPG Sports Academy Class Descriptions:**

- Multisport classes** - 20-30 months and 28-36 months - introduce basics of soccer and t-ball and gross motor skills with fun games and activities. Parent participation required.
- Multisport classes, ages 3 and up** - introduce fundamental skills of soccer, baseball, basketball (Franklin only), hockey and flag football with basic instruction and fun activities.
- Sport specific classes** - introduce skills required to succeed in team environments. Classes will start with basics and add group concepts and team play as session progresses.
- Scrimmage classes** - roughly 1/2 skills and 1/2 scrimmaging, with more emphasis on skills in first few weeks. For kids prepping for league play or those looking build on experience.
- PLUS classes** - age-appropriate advanced classes focusing on higher level skills, group play and strategy. Players should have at least one season of team or similar experience.
- NEXT LEVEL classes** - our most advanced classes. Players should have multiple seasons of team play or our classes and be enthusiastic. Advanced skills and drills and team play.

Some helpful information:

- \*Child must be the proper age by the FIRST DAY OF THE SESSION. Any exceptions must be approved prior to registration (please call)*
- \*No equipment necessary other than baseball gloves for Lil Sluggers classes for Ages 4+. Shin guards recommended for soccer classes ages 5+.*
- \*Scrimmage and Plus classes - children should have age-appropriate experience to take these classes.*
- \*Child should wear sneakers and comfortable clothing. Bring a water bottle for hydration!*

**REGISTER ONLINE at [www.lpgsportsnashville.com](http://www.lpgsportsnashville.com) or call 615-891-7028**

*LPG classes meet once a week for 45 minutes.*

***We mix fun and fundamentals to give kids a great start in sports!***

**SEE FRANKLIN CLASS SCHEDULES ON BACK!**